



**LAKE CUMBERLAND**  
Regional Hospital

*Leading the way to better healthcare.*

*Quick Reference Guide To:  
Outpatient Services -  
Ambulatory Care Unit*

305 Langdon Street  
Somerset, KY 42503  
(606) 679-7441  
[www.lakecumberlandhospital.com](http://www.lakecumberlandhospital.com)



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# **Ambulatory Care Unit**

## **Preparation Instructions**

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**To better prepare you for your visit with us please read the instructions below!**

- **Please arrive at the hospital 2 hours prior to your scheduled procedure.**
- **After arriving at the hospital your first stop will be at the front desk to complete your registration process.**
- **Next you will be sent to the lab for your blood work to be completed.**
- **Then you will be directed to the ACU (Ambulatory Care Unit). This is where you will be asked about your medical history.**
- **You will have an IV started.**
- **It is very important that you bring a list of your medications, including the strength and how often you take it.**
- **You should plan to be at the hospital for 6-8 hours, depending on your procedure.**
- **You may be on bed rest after your procedure for 2-4 hours.**
- **We allow only 2 visitors at a time in ACU. Sorry, no children under 12 permitted.**
- **Remember, you must have someone to drive you home after your procedure.**
- **Do not eat or drink after midnight, unless instructed otherwise by your doctor.**

# TELEPHONE DIRECTORY

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## DEPARTMENTS

<b>Centralized Scheduling</b>	<b>606-678-3545</b>
<b>Main Hospital</b>	<b>606-679-7441</b>
<b>Ambulatory Care Unit</b>	<b>606-451-2904</b>
<b>Cardiopulmonary Services</b>	<b>606-678-3139</b>
<b>Laboratory Services</b>	<b>606-678-3160</b>
<b>Radiology Services</b>	<b>606-678-3175</b>
<b>Surgery Center</b>	<b>606-678-9688</b>