



**LAKE CUMBERLAND**  
Regional Hospital

*Leading the way to better healthcare.*

*Quick Reference Guide To:  
Outpatient Services -  
Cardiopulmonary  
Services*

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# Cardiopulmonary Services

## Preparation Instructions

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### Echo-Echocardiogram

- An echo is an ultrasound of the heart.
- This test may take up to 30 minutes to perform.
- An I.V. may have to be started, depending upon the type of test that your doctor orders.
- Please arrive 30 minutes prior to your appointment time for registration purposes.

### Nuclear Stress Testing

- This test may take up to 3-4 hours to complete.
- Bring a list of your current medications.
- **No** Caffeine the morning of your test.
- **Do not eat** after midnight the day before your test.
- **Do not** take your blood pressure medication, the morning of your test.
- Wear comfortable clothing and walking shoes.
- An I.V. will be started for injection of the medication doses.
- Please arrive 30 minutes prior to your appointment time for registration purposes.
- **Note:** If your doctor orders a regular stress test then your test will only take up to 1 hour to complete.

### EEG- Electroencephalogram

- This test may take up to 1 hour to complete.
- Bring a list of your current medications.
- If your doctor orders a sleep deprived EEG then please stay up late the night before.
- Do not sleep more than 4 hours the night before your test.
- Please arrive 30 minutes prior to your appointment time for registration purposes.

### PFT's- Pulmonary Function Testing

- This test may take up to 45 minutes to complete.
- Please do not take any inhalers or nebulizer treatments 4 hours prior to testing.
- Bring a list of your current medications.
- Please no smoking 4 hours prior to testing.
- Please arrive 30 min prior to your appointment time for registration purposes.

### Sleep Studies

- This test is normally a night time study. It will take 8 hrs to perform your test.
- Please bring overnight clothing, pillow or anything that will help you sleep comfortably.
- Please bring your medications that you would normally take at bedtime.

# TELEPHONE DIRECTORY

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## DEPARTMENTS

<b>Centralized Scheduling</b>	<b>606-678-3545</b>
<b>Main Hospital</b>	<b>606-679-7441</b>
<b>Ambulatory Care Unit</b>	<b>606-451-2904</b>
<b>Cardiopulmonary Services</b>	<b>606-678-3139</b>
<b>Laboratory Services</b>	<b>606-678-3160</b>
<b>Radiology Services</b>	<b>606-678-3175</b>
<b>Surgery Center</b>	<b>606-678-9688</b>