



LAKE CUMBERLAND
Regional Hospital

Leading the way to better healthcare.

*Quick Reference Guide To:
Outpatient Services -
Laboratory*

305 Langdon Street
Somerset, KY 42503
(606) 679-7441
www.lakecumberlandhospital.com



LAKE CUMBERLAND
Regional Hospital

Leading the way to better healthcare.

LABORATORY

Preparation Instructions

The laboratory is available to perform Outpatient testing 24 hours a day 7 days a week.

AVAILABLE SERVICES:

- Blood collection for tests that are ordered by your physician
- Collection of urine specimens
 - Routine Urinalysis
 - 24 hour urine specimens (for a variety of tests)*
 - Urine cultures
 - Urine drug screens (ordered by a physician)
- Testing of stool for occult blood, culture, ova and parasites and fecal fat*
- Glucose tolerance tests
- Heelsticks for collection of infant testing

If you have a port or line that can be accessed for specimen collection, you must have a written order for that collection from your physician and collection will be completed by Nursing staff.

Drop-off specimens (a specimen that has been collected elsewhere) may be dropped off at the lab AFTER registration.

*Specimen containers will be provided for you to collect these specimens in your home and return them to the laboratory.

WHAT YOU NEED:

In order for lab tests to be done, you need

- A signed doctor's order for the test
- Insurance card
- Photo identification

WHERE TO GO:

1.REGISTRATION: First you will need to be registered by the Registration Department. If the main registration desk is not open, you will be registered at the Emergency Room desk.

2.LABORATORY: Go to the window in the lab waiting room. If no one is present in the office, ring the bell.

LABORATORY

Preparation Instructions

- RECEPTION AREA: A Laboratory staff member will take your paperwork and order your lab test. They will request that you have a seat and wait while they do that. Patients will normally be waited on in the order that they arrive. Please be aware that the waiting room is used for patients waiting for many different services (not all lab).
- SPECIMEN COLLECTION AREA: You will be called into the phlebotomy room, where blood specimens will be collected. There are restrooms in the area for collection of urine specimens. This may take from 5-30 minutes depending upon the complexity of the tests ordered, paperwork required and the ease of the venipuncture.
- Most patients are able to leave immediately following the specimen collection.

GLUCOSE TOLERANCE TESTING:

Testing is performed Monday –Friday only. Please call 606-678-3160 to make an appointment

EXPECTED TIME FOR TESTING:

You will need to stay at the hospital for 4-6 hours for collection of blood samples

PREPARATION: Ideally for 3 days prior to your scheduled test, your diet should include at least 150 grams of carbohydrates. Do not eat or drink 12 hours prior to your appointment.

Follow **WHERE TO GO** as described above before coming to the laboratory.

WHAT TO EXPECT:

- A blood sample will be taken for a fasting glucose level.
- You will need to wait while the test is performed. (If your fasting level is not within the acceptable range, your doctor will be called and testing will be discontinued.)
- You will then be given a drink containing glucose solution. You will have to drink it within 5 minutes.
- You will then be asked to wait 1 hour. Another blood sample will be collected then and every hour after that for the duration of the test your physician ordered.
- You will not be permitted to eat or drink anything except water during the testing.

TELEPHONE DIRECTORY

DEPARTMENTS

Centralized Scheduling	606-678-3545
Main Hospital	606-679-7441
Ambulatory Care Unit	606-451-2904
Cardiopulmonary Services	606-678-3139
Laboratory Services	606-678-3160
Radiology Services	606-678-3175
Surgery Center	606-678-9688