



LAKE CUMBERLAND
Regional Hospital

Leading the way to better healthcare.

*Quick Reference Guide To:
Outpatient Services -
Pain Clinic*

305 Langdon Street
Somerset, KY 42503
(606) 679-7441
www.lakecumberlandhospital.com



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Pain Clinic

Preparation Instructions

Activity:

- You may continue your normal activities of daily living prior to procedure.
- Someone needs to drive you to and from your procedure.

Diet:

- Dr. Rutledge's Patients: Nothing to eat or drink 6 hours before procedure.
- Dr. Weber's Patients: You may eat a light meal prior to procedure, unless instructed otherwise.

Medications:

- You may take morning medications as instructed with a sip of water.
- If you are on **BLOOD THINNERS** make sure you have **stopped** taking **as instructed**.
- Make sure to bring your **LIST OF MEDICATIONS**, including name, dose, and how often you take them.
- **DIABETICS**: If you have not eaten, do not take diabetic medication. You may bring your medication with you to take after your procedure.

Clothing:

- Please avoid tight, restrictive clothing. Wear comfortable clothing. Advisable to choose pants without snaps or zippers.

Location:

- The Pain Clinic is located next to the Emergency Room. Parking is available in the garage, or near the helipad. If you have difficulty walking, your driver may drop you off at the Emergency Room entrance and then go park the vehicle.

Special Instructions:

- To minimize wait time, arrive as close to your appointment time as possible. Please know that the length of time you are at the Pain Clinic will depend on the type of procedure.

Post Procedure:

- Discharge instructions for you to follow will be given the day of your procedure.

M.D. Phone Numbers:

- Dr. Rutledge: (859) 276-0100
- Dr. Weber: (606) 676-0206

TELEPHONE DIRECTORY

DEPARTMENTS

Centralized Scheduling	606-678-3545
Main Hospital	606-679-7441
Ambulatory Care Unit	606-451-2904
Cardiopulmonary Services	606-678-3139
Laboratory Services	606-678-3160
Radiology Services	606-678-3175
Surgery Center	606-678-9688