

Lake Cumberland Regional Medical Center
Chatters Cafe Menu



Monday	Tuesday	Wednesday	Thursday	Friday
10/28	10/29	10/30	10/31	11/1
MEATLESS				

		fruit turnovers with glaze	southwestern omelets	fluffy pancakes with fresh berries, cherry-berry syrup and whipped cream	assorted scones	berry, yogurt and granola bar
	Entrées	pot roast	stuffed cabbage rolls	honey-bbq popcorn chicken chicken	mexican-style roast chicken quaters - pollo asado	fried pork chops
		Vegetable Lasagna	bbq beef brisket	beef stew	country fried steaks with white gravy	grilled chicken fettuccine alfredo
	Vegetables	italian green beans	buttered succotash	corn nuggets	cheesy broccoli	buttered corn on the cob
		roasted cheesy cauliflower	fried zucchini	brown sugar honey glazed baby carrots	vegetable medley	roasted brussel sprouts with cheese sauce
	Starch	garlic bread	garlic mashed potatoes	sesame rice	parmesan breadsticks	mac & cheese
		mac & cheese	baked beans	vegetable or pork egg rolls	mashed potatoes	garlic parmesan roasted red potatoes
		chicken tenders or veggie chicken tenders and french fries	closed	corn dogs and fries	jalapeno poppers	fried fish sandwich and french fries
		hot dog bar with french fries	burger bar	greek chicken rice bowl with tzatziki, hummus, kalamata olives and feta	taco salad on a crispy taco shell with chicken or beef taco meat with mexican rice and refried beans	chicken wing bar
		closed	closed	closed	closed	closed
		pinto beans and cornbread	pinto beans and cornbread	pinto beans and cornbread	pinto beans and cornbread	pinto beans and cornbread
		italian style tomato bisque	cream of chicken soup with wild rice	cream of potato soup	cream of broccoli soup	shrimp & corn chowder
		peach cobbler	hot fudge brownies	banana pudding	strawberry cobbler with ice cream	apple crisp

Menu items are subject to change without notice due to product availability